



## Golden Isles Swim Team “Learn to Swim and Prep Team Programs”

In keeping with the mission of the Golden Isles Swim Team **“to provide a competitive swim team environment that teaches and trains swimmer athletes of all ages and at all levels of swimming; emphasizes strength of character, team unity and family participation; and helps the individual swimmer reach their fullest potential in and out of the water,”** Golden Isles Swimming, Inc. now offers a competitive swim lessons program for children aged three and up through a “Learn to Swim” and Prep-Team Program. Coaches Joan Cordle, April Royal, and Jessica Graff, all USA Swimming certified swim coaches, serve as coaches/instructors. The classes follow the American Red Cross six level curriculum for “Learn to Swim” programs.

**WE STRONGLY ENCOURAGE YOU TO CALL AHEAD AND SCHEDULE A SWIM TEST WITH AN INSTRUCTOR AT THE POOL. THIS WILL HELP DETERMINE GROUP PLACEMENT AND SCHEDULE FOR YOUR CHILD.**

We encourage families to bring their swimmer to the pool at the Brunswick Aquatic Center at Howard Coffin Park Monday thru Thursday afternoons prepared with a bathing suit, towel, and goggles to be evaluated by one of our coaches for placement in the correct group.

**August session begins 08/08/2011** and is a 4 week session with 2 lessons per week (M/W or T/ Th).

LESSONS / COACH APRIL					
Monday PM	Tuesday PM	Wednesday PM	Thursday PM	Friday PM	Saturday PM
4pm-4:45pm	4pm-4:45pm	4pm-4:45pm	4pm-4:45pm	***	***
4:45pm-5:30pm	4:45pm-5:30pm	4:45pm-5:30pm	4:45pm-5:30pm	***	***
5:30pm-6:15pm	5:30pm-6:15pm	5:30pm-6:15pm	5:30pm-6:15pm	***	***

There is a **one time registration fee of \$25** for the 2011 season which includes a t-shirt for your swimmer. The **fee for each session is \$50** per session. **Private and semi-private lessons** are also available for anyone who desires private instruction. The cost is \$30 per 30 minute session. The one time \$25 registration fee also applies. These private lessons may include up to 3 participants with similar skill level if you would like to arrange them with a group. These private lessons are arranged directly with Coach Joan at 223-5462 or Coach April. The parent or responsible person aged 16 or older must remain on deck with the swimmer and coach during private instruction.

**Thank you for choosing the Golden Isles Swim Team as the place to begin or continue your swimming instruction throughout the year!!!**

Should you have any further questions or concerns, please feel free to contact Karen Parks at 996-2069 or at [info@GoldenIslesSwimTeam.org](mailto:info@GoldenIslesSwimTeam.org) (please put GIST in the subject line).